

## THE INCITE INTO YFACTOR

### QUICK GLANCE

- Youth Retreat 2009  
April 23-25th  
\$115.00 each
- Senior  
Prominent 2009  
May 15th  
\$20.00 each
- Senior Missions  
Trip 2009  
June 7-12th
- Youth Camp 2009  
Colorado Springs  
July 15-18th  
\$160.00 each
- Mega March 2009  
August 14th Clement Park
- SHIFT\_09  
October 22-24th

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YFACTOR PARENT CONNECTION

JANUARY-MARCH 2009

## Effective Parenting!

If you have it all together as a parent, please proceed to the next article. If not, this may be helpful. Parenting a teenager is hard enough, but add in trying to be a Christian parent and the challenges become even greater. Parents today are dealing with issues that their parents never even thought about. As our society "advances" the pressures facing teenagers today grow, meaning that parents today have to take a different approach to raising Christian children. Here are 7 ways that you can become a more effective Christian parent:

### 1. Know Who You Are

You may know why you do the things you do, but do your kids? Take a good look at how you

make parental decisions. Are your methods effective? What are your reasons behind your



### Parenting is so much fun!

parenting actions? Knowing yourself a little better will help you treat your kids in a manner that is more effective for building relationships.

### 2. Talk to Your Kids

How often do you catch yourself saying, "Because I said so," or "Because I'm the parent" when your child challenges your demands or restrictions? Teenagers are very capable of understanding why you make certain decisions. Being open with your kids can open up lines of communication and respect. Take time to talk to your teenager about the things on your mind. Let them know a little about what's going on in your head.

### 3. Listen to Your Kids

Listening can really open up lines of communication. Sit down and let your teenager talk without

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## Conversations V.2 (4.23.09)

Conversations is the YFACTOR retreat. This year we are excited to announce version 2 will be on April 23-25, 2009 at the YMCA of the Rockies (Snow Mountain Ranch). 2008 proved to be an amazing retreat with guest speaker Greg Albritton. This year we are look forward to the

ministry of Rev. Royce Wilson. Many of you will recall Wilson holding revival here at Landmark in the year 2007 for four months. We are believing God to speak to our youth in a way that will change lives forever. The cost of the retreat is \$115.00. Registration forms are available in the

lobby with Melissa Wolf as well as on the YFACTOR website [www.yfactoronline.com](http://www.yfactoronline.com). You can also pay online with your credit card. Please keep this event in your prayers. To volunteer for this event, please see Jonathan Moran.

# MEGA MARCH 2009



Coming  
August 14, 2009  
Clement Park

One of the most exciting programs YFACTOR is involved in every year is Sheaves for Christ. Since 1952, Sheaves for Christ has been a financial endeavor sponsored by the General Youth Division of the United Pentecostal Church. The purpose of SFC is to assist other ministries in effective and rapid evangelism. The intent of Sheaves for Christ is to implement the world-wide vision of the United Pentecostal Church to spread the whole gospel to the whole world.

YFACTOR has been blessed to give nearly \$50,000 in just the last 5 years alone. Over the past 3 decades that number well exceeds \$100,000. Our goal is to give \$12,000 this year. Our plan is to get as many families of Landmark involved as possible. It's simple. If 200 individuals would raise \$100 each we would easily raise \$20,000. We can do this in 2009. I look forward to working with all of you this year to reach this goal.

By the way, Mega March is a blast. The last three years we have put on a BBQ the whole family can enjoy. We eat, play ball, and walk, run, skip, bike, roll, or anything else that gets us around the lake at Clement Park.

I invite all of you this year to Mega March. Please put it on your calendar for August 14th.

Stay tuned for more details including kick-off dates and contests.

## CDYM Youth Camp - July 14-17th

CDYM

Summer Camp

2009 will change

your child's life!

Unified in worship, hungry for the Word of God and desperate to see their lives changed, youth from all over Colorado came together for a camp that will not soon be forgotten. This year will be more of the same.

The goal of the CDYM (Colorado District Youth Ministry) board is to connect as many kids as possible as many

times as possible to the Word and Spirit of God. This year camp will be held in Colorado Springs at the Embassy Suites. We will have day excursions and life-changing God moments in every service.

If you would like to volunteer as a chaperone, please see Jonathan Moran as soon as possible. More information will be available right after Easter.



Congress 2007



## YOUTH CONGRESS 2009

Coming this August 5-7 is our national youth convention for the UPCI. This year the city of Nashville, TN will host the event. Here is what to expect: 15-18k screaming-for-Jesus young people, worship (that could last all night), inspirational preaching and teaching and memories that will last a lifetime.

**Youth Congress is, in short, phenomenal.**

Cost will be approximately \$800.00. This includes airfare, transportation, hotel and food. YFACTOR will not hold fundraisers for this event. If your

young person is interested in going you will be responsible to raise all funds and to turn in a \$100.00 non-refundable deposit by May 16, 2009. More information will be available as the date approaches.

# ELEVATION (the YFACTOR youth service)



YFACTORY is the place it's happening for the youth of Landmark every Friday night. I want to encourage you to

get your young people out whenever possible. For six weeks we have been on a series called, "If the World Fits, You're the Wrong Size." I encourage you to engage your young person in a conversation about the series.

We also have started new small group material called "Guy Talk, Girl Talk" by

Group Publishing. This series will continue throughout 2009.

Don't forget to get all of the information you need about YFACTOR at [www.yfactoronline.com](http://www.yfactoronline.com).

A copy of this newsletter will be posted on the parents page.

*Each Friday is one more opportunity for your young person to experience Jesus in a whole new way!*

## Prominent 2009

Each year YFACTOR holds a formal dinner to honor our graduating class. This year Prominent will be on May

14th in the Fellowship Hall. Our speaker is not for sure, but we are leaning on one of the most prominent men in our organization. The cost will be \$25.00 each which will

include dinner, dessert and entertainment. Congratulations to all the seniors and to their families for reaching this milestone.



# Effective Parenting! (Continued from Cover)

Ask clarifying questions and repeat back summaries of what it is being said. Make sure your teen knows you are invested in the things he or she cares about. Teenagers are not always the most communicative individuals, so when they do finally open up you have to take advantage of those moments.

### 4. Offer Choices

Being a dictator is not always the most effective way to build a relationship with your teen. It can prevent communication and promote rebellion. Sometimes it helps to offer your kids choices. By offering options your child feels like he or she has some control. Allow your teen the chance to help you in the decision-making process. Not only will it foster respect, but it will also teach your child how to make better decisions.

### 5. Do as I Say and I Do

Teens are very sensitive to hypocrisy. Do you expect of yourself what you expect of your teenager? If you want your child to open up, you have to be open. If you want your child to read his or her bible every night, you have to read your bible every night. Your teen may never admit it, but he or she will follow the example you set.

### 6. Discuss Your Faith

Even though you want your child to go to church and grow closer to the Lord, are you discussing it? Some parents don't, and it can inhibit a child's spiritual growth. Make faith a part of regular discussions. Ask how God is working in their school and personal lives. Tell them how you see God working around you. The more you discuss faith, the more natural it will become.

### 7. Be the Parent

Some parents believe that they should be their teen's "best friend." However, most teens have friends. What they really need is a parent. Teens need someone to turn to for limits and discipline. They need a parent to set an example. They need a parent to offer unconditional love. While you should listen to your kids and talk about faith with them, teens still need you to be the parent in the relationship.



## SENIOR MISSIONS TRIP

This year we plan to take a Missions Trip with our graduating seniors. We would like to have our first meeting this Sunday morning, March 8, 2009, right after church is dismissed, in the 11th-12th Grade Sunday School Classroom. The trip is planned for the week of June 8-13, 2009.

The Missions Trip will more than likely take us to serve a Metro Missionary within the continental US. If you are the parent of a senior please make plans to attend this meeting with your child.

From the time of our meeting until the trip, we will have just over 3 months to raise funds. We are looking forward to hearing any great ideas you may have about fundraising and the trip itself.

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**Senior Trip Meeting: March 8, 2009**

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[www.yfactoronline.com](http://www.yfactoronline.com)

## YFACTOR IN PICTURES!



SOME PICTURES FROM ELEVATION SERVICES IN 2009. GOOD TIMES!